

2008 NOTICE OF RACE and STANDING SAILING INSTRUCTIONS SINGLEHANDED SAILING SOCIETY

1. RULES

a. The rules as defined in the Racing Rules of Sailing 2005-2008 (RRS) will govern all SSS races. These Sailing Instructions do not apply to the TransPac, for which separate Sailing Instructions will be issued. The additional Sailing Instructions for each race may further modify RRS and these Instructions.

b. Between the hours of sunset and sunrise, the Steering and Sailing Rules of the International Rules for the Prevention of Collisions at Sea and of the Unified Inland Rules will replace Part 2 of RRS.

c. In accordance with the purpose of these races, elements of RRS that prohibit equipment or practices which are or may prove useful to shorthanded ocean sailors may be changed. Specifically, the following are allowed:

- i. Autopilot and/or wind-powered self-steering gear. This modifies RRS 52.
- ii. Twin headsails set on two poles for downwind sailing. This modifies RRS 50.2.

2. DISQUALIFICATION WITHOUT HEARING

This modifies RRS 60.2, 63.1 and A5. The Race Committee will disqualify, without a hearing, a boat that (according to civil authorities or commercial vessels, or the Race Committee's observation):

a. **Impedes the passage** of a vessel that can safely navigate only within a narrow channel or fairway, or the passage of a vessel with limited maneuverability (reference: International and Inland Rules 9 and 18), or

b. Finishes between the hours of sunset and sunrise without displaying **proper running lights** (reference: International and Inland Rules 20 and 25). The race committee will use the times of sunset and sunrise published by NOAA (National Oceanic and Atmospheric Administration) for San Francisco, with a tolerance of three minutes to allow for interpolation errors.

3. ELIGIBILITY

These races are open to monohulled and multihulled sailboats. Specific eligibility requirements follow.

For races whose entire course is inside San Francisco Bay:

a. Monohulls: Any boat with a current Northern California PHRF Certificate or PHRF Monterey Bay Certificate.

b. Multihulls: Any boat at least 19 feet long and at least 8 feet wide with a current Northern California MPHRF Certificate.

For races whose course includes Coastal waters outside San Francisco Bay:

Boats must meet the requirements for races inside San Francisco Bay. In addition, each boat must have a fixed, enclosed berth, and the boat may not use hiking assists such as trapezes, racks or sliding seats. Monohulls must be self-righting and have essentially watertight cockpits.

4. MINIMUM EQUIPMENT

All boats must comply with the U.S. Coast Guard's requirements for recreational vessels and have the following minimum equipment. NOTE: ** indicates items that are not mandatory for races whose entire course is within San Francisco Bay.

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| a. Lifelines, well secured at each end, and/or safety rails extending from both sides of the cockpit forward to the bow.** | i. Lead line or echo sounder.** |
| b. Fire extinguisher(s) meeting U.S. Coast Guard requirements. | j. Fog horn. |
| c. Manual bilge pump of at least 10 gallons per minute capacity. | k. Radar reflector.** |
| d. Anchor with suitable rode. | l. Waterproof flashlight. |
| e. Seacocks or soft wooden plugs to close all throughhull openings.** | m. First aid kit. |
| f. Navigation lights meeting U.S. Coast Guard requirements. | n. At least two gallons of fresh water.** |
| g. Compass. | o. Lifejacket with whistle and strobe light attached, for each crewmember. |
| h. Charts and piloting tools. | p. Safety harness and tether for each crewmember, and jacklines.** |
| | q. VHF radio. |
| | r. Three red parachute flares or orange smoke flares, and three red handheld flares.** |
| | s. An alternate means of propulsion. |

5. UNUSUAL DESIGNS; INSPECTION

a. Entrants are advised that any unusual arrangement in hull, rig, sails, ballast, or equipment that the Race Committee considers to be a potential hazard, or an attempt to violate or circumvent the intent of these Sailing Instructions, will be grounds for rejection of entry.

b. The Race Committee reserves the right to inspect any entered boat and to cancel its entry, if they find that it does not meet the requirements or intent of these Sailing Instructions.

6. CALENDAR

The dates of each race are attached to these Sailing Instructions as a separate document.

7. ENTRIES

- a. A singlehanded entry shall have a crew of one named person, who shall be at least 18 years of age. A doublehanded entry shall have a crew of two named persons, one of whom shall be at least 18 years of age. Sponsored boats are permitted.
- b. Members of the Singlehanded Sailing Society are entitled to enter the races (except the TransPac) without additional fees. Race entry fees for non-members are specified on the SSS race entry form. They may be paid by check, by PayPal from the website www.sfbaysss.org, or by cash if hand-delivering the entry.
- c. Entries for each race must be made on the SSS race entry form, accompanied by the entry fee if applicable, and shall be delivered to the Race Committee by mail, by hand, electronically from www.sfbaysss.org, or by other means that the Race Committee may establish. In any case, **entries must be received no later than the skippers' meeting** (except for the Three Bridge Fiasco; see the additional Sailing Instructions for that race).

8. MEETINGS

Meetings and other events associated with each race are announced in the additional Sailing Instructions.

9. COURSES

Courses are specified in the additional Sailing Instructions for each race. A temporary mark may replace any specified mark.

10. DIVISIONS AND CLASSES

Unless otherwise stated in the additional Sailing Instructions, each race has Singlehanded and Doublehanded divisions, each being subdivided into seven classes as defined in the following table. One-design classes, or other special classes, require 5 or more starters in the same division. The Race Committee may designate additional classes at its discretion. One-design or other special classes shall start with the class(es) that they would otherwise sail in, but will be scored separately.

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| Class 1 | Multihulls, all MPHRR ratings | Flag J |
| Class SPORTBOAT | A Sportboat is defined as a monohull with a displacement-to-length ratio of 108 or less; i.e. $D / (2.24 \times (LWL / 10)^3) \leq 108$ where D is displacement in pounds and LWL is waterline length in feet. Normally the displacement and LWL appearing on the boat's PHRR certificate will be used to calculate this ratio. If a boat type has many examples in the NCPHRR database and the race committee believes that an individual boat's D or LWL is in error, it may assign the boat to the same class as the majority of its type. | Flag G |
| Class 2 | Monohulls, PHRR 99 & under, except Sportboats | Flag F |
| Class 3 | Monohulls, PHRR 100 to 160, except Sportboats | Flag E |
| Class WYLIECAT 30 | WylieCat 30's. This class shall start with Class 3 but will be scored separately. | |
| Class 4 | Monohulls, PHRR 161 & over, except Sportboats | Flag D |
| Class 5 | Monohulls, Non-Spinnaker, all PHRR ratings. Catboats and Sportboats are ineligible for this class. Note: Class 5 boats shall not use any type of spinnaker, including gennakers and cruising spinnakers. RRS 50.4 defines a spinnaker. | Flag C |

11. HANDICAP

a. Each monohulled boat must have a current Northern California PHRR certificate (available from the Yacht Racing Association of San Francisco Bay, 415-771-9500 or www.yra.org) or a current PHRR Monterey Bay certificate (available from Santa Cruz Yacht Club, www.scyc.org). Each multihulled boat must have a current MPHRR certificate (available from the Bay Area Multihull Association, www.sfbama.org). **A copy of the current certificate must be filed with the Singlehanded Sailing Society no later than the Wednesday before the race.** This modifies RRS 78.2.

b. To be eligible for the Season Championship, a boat may have no more than one change of PHRR certificate (not counting changes in its base rating) during the season.

12. COMMUNICATIONS

a. **Prior to the first Warning signal** for the race, all boats must hail the Race Committee on the **VHF** radio channel specified in the additional Sailing Instructions, advise the Race Committee of the boat's name and sail number, and receive an acknowledgment from the Race Committee. A boat failing to check in successfully will be scored DNS; this modifies RRS A5.

b. Competitors are advised to **monitor Vessel Traffic Service** on VHF channel 14 (inside the Bay) and 12 (on the ocean), and are strongly encouraged to **hail commercial vessels on channel 13** to ascertain their intentions. Information thus obtained about commercial traffic movements shall not be construed as outside assistance under RRS 41.

c. Any boat that **retires from a race or does not finish within the time limit** must contact the Race Committee as soon as possible on the **VHF** channel specified in the additional Sailing Instructions, by telephoning the voicemail line at **866 SAIL SSS** (866-724-5777) or by any other effective means. **Failure to do so will result in the skipper being denied entry in future SSS races until he or she serves on Race Committee for one race.** Other boats are requested to relay VHF transmissions if direct communication with the Race Committee is not possible.

d. Boats approaching the finish are requested to so notify the Race Committee on the designated VHF radio channel.

13. START

Scheduled starting times are specified in the additional Sailing Instructions for each race.

14. INDIVIDUAL RECALL

If any boat is OCS at its starting signal, the Race Committee will display flag X and/or make one sound, and may hail the boat on the VHF radio channel specified in the additional Sailing Instructions. This modifies RRS 29.1. However, nothing contained in these Instructions shall relieve a boat of its obligation to make a proper start.

15. RESTRICTED AREAS

A boat that violates any of the following restrictions shall retire or face protest and disqualification.

- a. A boat shall not enter any of the following areas:
 - i. The area within 50 yards of the starting line, before its Warning signal
 - ii. Any area designated by the U.S. Coast Guard as prohibited to small craft
- b. The following buoys or other objects shall be left to the specified direction at all times. A boat violating this rule may not "unwind" to correct the violation; this modifies RRS 28.1.
 - i. **H beam** near St. Francis Yacht Club, to South
 - ii. Buoy marking **Anita Rock**, to South
 - iii. **South Tower** of the Golden Gate Bridge, to South
 - iv. Buoy marking **Little Alcatraz Rock**, to East
 - v. Buoy marking **Point Belvedere**, to North
 - vi. Buoy marking **Point Blunt**, Angel Island, to North
 - vii. Daymark at the outer end of the **Berkeley Pier**, to East
 - viii. Buoy marking **Castro Rock**, to East

16. TIME LIMIT

A boat that does not finish by the time limit specified in the additional Sailing Instructions will be scored DNF. This modifies RRS 35.

17. PROTESTS

Protests shall be submitted in writing according to the form prescribed by RRS, and delivered to the Race Committee no later than 48 hours after the time limit of the race. The protesting boat shall verbally notify the Race Committee of its intent to protest within 1 hour of its finish.

18. RACE SCORING

Singlehanded and Doublehanded divisions will be scored separately. Results will be calculated using Time-on-Time correction, using the formula $TCF = 800 / (520 + PHRF)$. Positions within class and overall in each division will be published.

19. SEASON SCORING

Singlehanded and Doublehanded season championships are scored separately. Points are accrued only by a specific skipper/boat combination; in other words, a boat sailed by a substitute skipper or a skipper who changes boats will be scored as an unrelated entry. Points are awarded in each race as follows:

- a. Finisher: Finishing position in division divided by number of starters in division, except:
 - i. First place in division: 0 points
 - ii. In LongPac: Finisher's points divided by 2
 - iii. In TransPac: Finisher's points divided by 4
- b. Did not finish, or retired after finish: 1.1 points
- c. Disqualified: 1.2 points
- d. Did not start (includes DNC & OCS): 1.5 points
- e. Service on Race Committee in any race except LongPac or TransPac (maximum of one score per season):
 - i. Average of competitor's scores in all other races excluding his single worst score, except:
 - ii. If number of finishers in division divided by number of starters in division is less than above average: 1.1 points

Each competitor's season score will be the total of his race scores excluding his single worst score. The boat with the lowest season score wins the championship, and others will be ranked accordingly.

20. TROPHIES

Trophies are awarded for first place on corrected time in Singlehanded and Doublehanded divisions for each standalone race and for the combined Vallejo 1-2. Trophies are awarded for top positions on corrected time in each class of each division as follows: first if 3 or more starters; second if 6 or more starters; third if 10 or more starters. The Race Committee may award additional place trophies at its discretion. Perpetual trophies are awarded for each race. A perpetual trophy is awarded to the season champion in each of the two divisions.

21. AMENDMENTS

Written changes to the Sailing Instructions may be distributed at the skippers' meeting and shall prevail over these Instructions. Verbal changes may be announced over the VHF radio on the channel specified in the additional Sailing Instructions up until the first Warning signal of the race. Flag L will be flown if any verbal changes are announced.